



# Important facts about LipoSan Ultra®

LipoSan Ultra is an Icelandic chitosan product manufactured by Primex ehf via a patented process resulting in a high-density chitosan product with high fat-binding capacity. The benefits of LipoSan Ultra are constantly being investigated and our scientists have several research projects ongoing this year.

#### **NEW IN VITRO FINDINGS**

- LipoSan reduces detrimental fermentation in colon, promoting gut health.
- LipoSan stimulates good bacteria, having a positive effect on colonic health by producing higher levels of acetate and propionate.
- LipoSan promotes colonic health and contributes to inflammatory and disease prevention.
- **LipoSan** supports the digestive system as a whole.

# LIPOSAN FIBERS ARE SAFE FOR USE EVERY DAY TO IMPROVE YOUR DIGESTION:

Reduce dietary fat

- · Help in weight management
- Maintain normal cholesterol
- · Improve gut health



### LIPOSAN ULTRA® HAS A SUPERIOR FAT-BINDING EFFICACY

When compared with other sources of chitosan, LipoSan Ultra® displays superior fat-binding properties. In comparison to 11 other manufacturers, **LipoSan binds in average 7 times more fat** than crustacean chitosan and 12 times more than fungal chitosan.

For each gram of LipoSan you need more than 5 grams of chitosan from other manufacturers to achieve the same fat-binding.

Due to the cationic nature of chitosan, it is expected to bind more fat than regular fibers. On top of this advantage over regular fibers, LipoSan shows a clear dominance when compared to chitosan from other manufacturers.

Thoroughly tested in clinical and in vitro studies, Primex chitosan has clear advantages. To name a few:

#### SAFE CHITOSAN

Daily intake of pure chitosan for 8 weeks did not affect serumfat soluble vitamins or other safety parameters in 56 subjects in Finland consuming a typical diet.

Daily intake of LipoSan for 8 weeks had no undesirable gastrointestinal effects in overweight women. LipoSan has been on the market for more than 15 years.

#### EFFECTIVE CHITOSAN

Daily intake of pure chitosan for 6 months showed our chitosan to be a valuable and safe long-term dietary treatment of obesity as it reduced blood pressure associated with weight loss.

## Each gram of LipoSan binds more than 100 g fat

Daily intake of LipoSan for 8 weeks led to a significant weight loss in treated group compared to placebo without the need for a reduced caloric diet or special exercise.

### **HEALTH-PROMOTING LIPOSAN**

Daily intake of LipoSan for 2 weeks reduced harmful putrefactive fermentation products in the SHIME colon and stimulated microbiota having a positive effect on colonic health by production of higher levels of acetate and propionate in the distal colon.

# LipoSan can increase effectiveness of digestive system and colonic health.

#### CALORIE-RESTRICTION

Reduced calorie intake contributes to the extension of both median and maximum lifespan, by suppressing oxidative related alterations and oxidatively induced age-related diseases in laboratory animals. Similarly, new findings in chitosan research indicate that it may contribute to antiageing and endurance.

Primex provides weight management solutions while promoting fiber supplementation and calorie restriction for overall wellness.